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Bering Sea Group

A Division of TDX Holdings LLC

August 2010

Quarterly Newsletter

**Diversification and Growth
Through a Unified Goal of
Exceeding Customer Expectations**

Times are Changing, And We Must Change With Them

William Arterburn - Bering Sea Group Executive VP

While it is not the most pleasant of subjects, I must address again the matter of health care in our companies. There simply seems to be no end to the rising costs of even the most basic of care standards, and BSG companies have in the past 10 years mostly escaped the effects and the impacts of the extraordinary rise in medical costs. Sad to say, that is no longer the case, and we simply have to take some immediate steps, for the viability of the company, that will impact all of us.

Recently enacted health care provisions have been implemented which have many companies reexamining health care policies and offerings in light of what is affordable. BSG companies are no different, and we have undertaken to examine our health care policies in light of what our self insured program can afford. I am sad to report that the numbers are not looking so good.

Some aspects of our current plan border on being "Cadillac" benefits which will result in financial penalties to the company and to users in coming years. We need to adjust those downward. Some other aspects of our plan are proving difficult for the Health Care Trust to afford continued support, and will have to be adjusted as well. The net result of coming changes will be to shift additional burden of health care costs towards the employee.

Not exactly the news you've been waiting to hear in the middle of a recession, but an unfortunate reality that cannot be ignored any longer. Most companies pay only a minimal of the actual costs of health care, but our companies have supported over 90% of these costs during the past 10 years. That model is no longer sustainable through the combination of increased costs of insurance, inflation of medical costs across the board, and a system that simply seems to be out of control in terms of variations upon a cost theme.

We employ more machines, more drugs, and more diverse specialists, than any medical system on the planet, and we are often not happy with the results. And while political efforts to change things may be a step in the right direction, none of us can afford to hold our breath, and expect anything too dramatic in our lifetimes.

The changes, which will begin taking effect on October 1, 2010, will initially address the costs of participation. They will be implemented as indicated in the chart to the right (for all employees except on Hawaii plan) **per pay period**.

For those who participate in the Supplemental Plan, there are no changes at this time, however, future changes should be expected by those plan participants. Notification will be provided.

The changes, to be implemented with the first pay period of the new fiscal year (October 1, 2010), will not be the only ones. Starting in January, 2011 there will also be some changes to the terms and features of the plan, most likely in the area of deductibles, or other plan features that can assist us with making the plan more affordable to the company. We will be seeking to adjust our plan features to something that is more affordable at the benefit levels provided by government in the applicable wage rate determinations.

Much as we regret these additional burdens to family life, they are real changes that we will have to accept if we want to maintain the twin goals of sustainable operations and viable coverage in the event of catastrophic medical events in the lives of our employees. I ask for your understanding and cooperation in implementing the changes, and will continue to seek by all means, ways in which we can cut our costs while providing a decent health care benefit.

Oct 2010 Health Coverage Cost Changes:	
Employee Only	
\$75	
Employee/Spouse or Employee/Children	
\$125	
Employee/Family	
\$200	

Cyber Threat... When to Report BSE and BSEN's Security Awareness Program

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When it comes to securing classified information, the fast growing threat is the Cyber Threat. The Department of Defense has recognized this threat and alerted its cleared contractors to be aware and report to the Federal Bureau of Investigations (FBI) or DSS (as appropriate) bona fide cyber attacks. Because many of the entities who undertake such actions are sophisticated we must be alert to protect information that is considered sensitive even though it may not be classified.

Consider the hacker who attempts to gain access to your Personally Identifiable Information (PII). Their aim may be to exploit information of cleared (or uncleared) employees in an effort to gain access. Likewise, their attempts to gain access to your information system (IS) could lead to broader threats of espionage, sabotage, terrorism, or subversive activities at any of BSE or Government facilities.

In this regard, the Department of Defense released guidance (ISL 2010-2) which expands contractor reporting requirements "Certain cyber intrusions will fall under the reporting requirement of NISPOM 1-301, regardless of the classification level of information contained on the affected system. Specifically, cyber intrusions that indicate actual, probable or possible espionage, sabotage, terrorism, or subversive activities against information systems maintained by contractors must

be reported to the FBI, with copy to DSS, regardless of whether the IS processes classified or unclassified information."



As the government advises, Cyber intrusions are often targeted against specific information or technologies; however the target cannot always be easily identified at the time the intrusions take place. It may be unclear that the intrusions are intended to lead to espionage, sabotage, terrorism, or subversive activities when the initial intrusions concern systems processing only unclassified information. Data gleaned from intrusions of systems containing unclassified information can include the identity of systems administrators, personal identifying information of employees that may provide indicators of exploitable issues

(e.g., financial problems, drug use, etc.), or system vulnerabilities. This data can then be used advantageously for nefarious reasons and to focus more specific technical and non-technical exploitation techniques.

What is a cyber attack? One definition is: an attempt to undermine or compromise the function of a computer-based system, or attempt to track the online movements of individuals without their permission. Attacks of this type may be undetectable to the end user or network administrator, or lead to such a total disruption of the network that none of the users can perform even the most rudimentary of tasks.

So how do you identify a cyber attack? Some signs can be subtle such as sluggish operation of your computer system, files not responding properly or not at all, or even an inability to power up or down your system. More aggressive signs include your mouse curser moving on their own, files deleting, or detection by computer security programs. To help combat the cyber threat, some immediate actions you can take are: disconnect your computer from the LAN; do not delete any warning messages from your computer security program; discontinue use until an authorized trouble-shooter evaluates your system; leave the system powered up; do not click on any prompt, close any windows or shut down the system; report the problem to your IT rep immediately; if a message appears on the monitor write it down; write down all actions that occurred during the suspected virus attack; if the attack appears to be threats of espionage, sabotage, terrorism, or subversive activities contact your security rep immediately.

BSE Wins Remote Shelter Winterization Contract

Barry Merrill - IT Manager

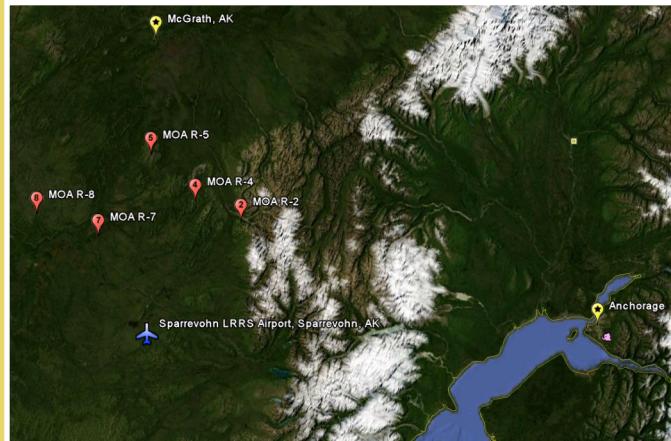
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BSE was recently awarded a contract by the TYBRIN Corporation in support of the United States Air Force Air Combat Training System (ACTS) and Pacific Joint Alaska Range Complex (JPARC). BSE will perform winterization tasks at several Remote Range Tower Shelters within the Stony Military Operation Area (MOA) in Alaska.

Each remote site consists of an all-weather shelter, housing a thermoelectric generator and battery plant. Along with solar panels and a wind turbine these power systems support the Tracking Instrumentation Sub-system (TIS) electronic transponder assembly which assists with the tracking of aircraft within the range area.

We will be preparing these remote sites to ensure that the power systems and the shelter itself are properly winterized. We will also perform these tasks in such a way as to allow for them to be returned to full operating status with minimal preparation once winter is over. If working in a mountainous terrain was not enough of a challenge, there are no access roads for BSE to perform these duties by truck so we will be accessing these remote sites via helicopter.

Our Electrical Division staff is up to this challenge and will be performing this task order over the course of 6 days to meet a September 30th deadline. Congratulations to the entire staff for putting together a winning proposal within such a tight turnaround schedule.



Lies Down a Good Man...

William Arterburn, BSG Executive VP
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Bering Sea Group lost a valuable asset and team member last week, a loss which we will all feel for some time. Walter Shane passed quietly and stoically from cancer complications, only a few weeks after collapsing at his job on the BSE Camp Pendleton work site. His loss is felt deeply throughout Bering Sea Group and all TDX companies.

Not all of us had the pleasure of working a project with Walter, but those who did will surely appreciate and miss the presence he brought to his work. Whether it was placing fence posts around St. Paul



Airport, managing risk on an Adak Island airport fuel system removal, effecting a timely removal of lead contaminated soils in a Utah brownfield, or taking on the myriad dirty jobs on the BSE range sites, Walter approached it all in the same focused and direct manner, with little time for waste and nonsense. Typically a quiet person, Walter's actions in the flesh were large, and bespoke many things loudly about Walter Shane, the man. Those who did interact with Walter on job sites know the value he provided in staying on task, and adding his steady, confident, and productive labors to the effort, which efforts were inevitably reflected in successful team completions. His quiet dignified approach left many admirers, and appreciative team members.

Because Walter was relatively young, his passing is especially tragic for us all, but most certainly for his loving wife, Julie, and recently wed daughter, Martha. Our hearts and prayers are with both of them, and with the entire family, as they and we come to understanding on the loss of Walter.

As Homer wrote in his classic, *The Iliad*,
*"And they die an equal death,
the idler and the man of mighty deeds."*
In Walter's case, being one of the latter, while his death may have shared some features common to all, our memories of him will stand fresh for a long time, because the quality and might of his deeds, will not soon be forgotten.

Rest in Peace, Good Aleut Man,
Walter Shane!

Langley AFB says goodbye to F-15's after 34 years

Wayne Supplee - Site Manager - Langley AFB VA
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The 71st Fighter Squadron is the last remaining F-15 unit at Langley AFB, and they are currently being inactivated as part of a service wide restructuring plan. The 71FS was created in 1941 with the P-38 Lightning as its twin engine fighter, flying in North Africa, Italy and the Mediterranean region. In 1975, they moved to Langley AFB and prepared to receive the new F-15 fighter. In 1991, the 71FS was credited with the first aerial victory of the Persian Gulf War.



In 2007, the F-15 made headlines when a Missouri ANG aircraft came apart during flight. All F15s were grounded until investigations discovering structural problems were completed.

The F-15 has an incredible history of 104 combat victories to zero losses. At Langley, this airframe is being replaced with today's air-to-air superiority fighter, the F-22 Raptor.

No longer having the F-15s here at Langley will have an effect on our normal P5CTS operations, especially considering that the F-22 does not carry the P5 pod. However, new possibilities are on the horizon. Our Display Technicians, work closely with the F-22 squadrons to accomplish TSPI downloads that can be merged into ICADS for debrief. There is also mention of accommodating T-38s, which would be used as aggressors for the F-22. Research is underway to look at extracting GPS data if this T-38 model is unable to carry the P5 pod. The Lear Jet 35/36 Series aircraft that flies out of Newport News, VA Flight International office, has just received P5 load certification to participate in training missions with Langley and other local Navy units. The 158th, a Vermont Guard Unit on alert duty at Langley, also flies its F-16s for DACT (Dissimilar Air Combat Training) with the F-22.

Article and Picture reference: www.dailypress.com/

TDXNet Employee of the Quarter



Karl Ewers
Lead Technician
Mountain Home, AFB, ID

Job Performance

- Meticulously entered approximately 516 error-free actions into RAMPOD; accurate data enabled engineers to diagnose P5CTS maintenance and faulty component trends
- Implemented site process to test and power up all RASF pods in the shop on Mondays. This allowed for a decrease in DIGS problems and allows site to increase reliability of pods

Self Improvement

- Enrolled in the Cleveland Institute of Electronics seeking an Applied Science degree in Electronic Engineering Technology; maintaining a 3.8 GPA

Community Involvement

- Volunteered to chaperon the annual Glenn's Ferry High School prom; provided safe and fun memories for all students attending
- Active member of Emmanuel Baptist Church sponsored and housed one of eight members from Missouri churches during family revival week Jun 7th-13th. Instrumental knowledge of setting up 3 bouncy castles enabled safety and fun for all to enjoy.

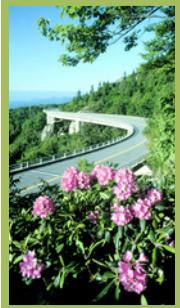
For a complete rundown please visit the Employee Awards web page at www.bseak.com/employee-awards.html

Goldsboro, North Carolina - "The Land of the Longleaf Pine"

Mike Phipps - Site Manager, Seymour Johnson AFB, NC

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Imagine a community that has the best of both worlds; nestled between the mountains to the west and the Atlantic Ocean to the east. You can travel a few hours to the west and enjoy the scenic beauty of the Appalachian Trail and the



Blue Ridge Parkway. Imagine meandering alongside and crossing the scenic highways; the trails provide a close-up look at some of the most beautiful wilderness in America. Travel 90 minutes to the east and you can frolic on some of the most beautiful beaches

on the east coast, or visit some of the most significant historical sites in the country. Running through Goldsboro we have the Little River and the historic Neuse River which are great for boating and fishing.



Shopping anyone? If shopping is your forte, then you're in luck. From the small, specialty shops to the larger retail chain operations, Wayne County offers some of the best and most comprehensive shopping in the region. It ranks 19th among North Carolina

cities in retail sales. Your first stop should be downtown Goldsboro, where more than 100 businesses await your discovery. Browse through antique stores and one-of-kind specialty shops. Buy some flowers, frame a picture, have a cup of coffee, try a new hairstyle. Whatever you're looking for, you can find it in downtown Goldsboro.

Looking for a place to Dine? For sumptuous dining with a southern touch, visit one of the area's many locally owned and operated restaurants. Here you'll find the distinctive home-style flavor of southern cuisine in such delicacies as fried oysters, baby back ribs and butter-smothered grits. For those of you with more exotic tastes, you can choose from a tempting array of authentic, ethnic restaurants, including Mexican, Japanese, Chinese and Italian.



and homesick North Carolinians have it shipped to them all over the country.

The City of Goldsboro is also the proud home of Seymour Johnson Air Force Base, home of the 4th Fighter Wing. Seymour Johnson received the Commander in Chief's Installation Excellence Award for 2001, the highest award given to a military base. Spanning more than five decades and five wars, Seymour Johnson AFB's 4th Fighter Wing is one of the most distinguished fighter units in the world. The 4th Fighter Wing of Seymour Johnson Air Force Base, N.C., puts airpower on-target, on-time for America. The wing is home to the multi-role, all-weather F-15E Strike Eagle and provides worldwide deployable aircraft and personnel capable of executing combat missions in support of the Aerospace Expeditionary Force. Also home of the world's leading MIG killer the 335 Fighter Squadron and the home of the Royal Air Force Eagle Squadron (334 FS) which is only one of two Air Force units that can trace its history to another country.

Goldsboro may be a small community but it's steeped with history and southern charm.



Of course, no trip to Wayne County is complete without a hearty sampling of eastern North Carolina-style barbecue, renowned for its open-fire, tangy flavor. This unique flavoring (a mixture of water, vinegar, salt and red pepper, usually cayenne) is the reason why Wayne County is known as the "Barbecue Capital of the World!" Presidents have dined on this dish,

BSEn Chemical Services Update

Derek Peterson, Chemical Services Manager
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BSEn Chemical Services has recently completed the construction of a trailer mounted circulation unit. This circulation unit allows BSEn to provide our customers with state of the art circulation capabilities while performing chemical cleaning projects. The 20 foot trailer has a single 1,000 gallon tank, flow distribution manifold, filter basket, which can be orientated into multiple piping configurations.

The new circulation unit was recently unveiled on a Turnaround for Matheson Tri Gas in Sulphur, LA. BSEn was on site for one week and chemically cleaned three oxygen coolers using

a phosphoric acid solution. The client representatives were extremely impressed with the circulation trailer and brought over several of its key Corporate Turnaround personnel for a viewing. The client has already asked if BSEn was able to travel to other sites in the Gulf Coast region to perform more chemical cleaning work using this trailer unit.



BSEn also performed an emergency outage in the Sour Water unit for Calumet Lubricants located in Shreveport, LA. The Sour Water unit processes sour gas and hydrocarbons that come from refining crude oil. A main by product of this process is Hydrogen Sulfide, a poisonous gas that smells of rotten eggs in low concentrations and can be deadly in higher concentrations. The BSEn circulation unit was used on this job to safely remove the hazardous gases from the piping and equipment without leaking it into the atmosphere. The Sour Water system was cleaned safely, successfully and on schedule. The client was very satisfied with the new BSEn equipment and its circulation capabilities.

Our goal is to add more units to our fleet over time as well as continue to build our cleaning reference list.

Article Deadline for the
November Edition of the Quarterly
Newsletter is October 27, 2010



Time Management = Planning

BT Smith - Director Technical Services Division

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This has been a very busy spring and summer, in-fact in the last two months Technical Services Divisions has responded to three requests for proposals, have continued efforts for upgrading operations at Shaw AFB, Seymour Johnson AFB, and Langley AFB, all while preparing for our annual ISO re-certification. We have also continued to update our policies procedures, plans and forms as well as chase down numerous opportunities within the business development arena. What I have noticed is that the level of "panic" I have seen with individuals needing something "yesterday" has increased tremendously, and I have to admit I am, on occasion, one of those individuals. Fact is I take pride in my attempts to stay organized and accomplish my tasks in a timely manner. However, some individuals do not realize that their contribution to a task usually does not complete the task but rather passes it to the next individual within the chain for their action or inputs.

All of us have routine tasks that must be accomplished. For me that includes our timesheets, monthly reports, petty cash reports, monthly billing and even annual appraisals to name a few. I have also noticed that occasionally these items have been missed because of a deadline that is pending or because of a certain project that I am so focused on. In some of these cases, if I miss a deadline it now impacts the ability of someone else in the chain to accomplish their inputs and finish the task. As an example; if I do not provide Barbara my monthly billing she cannot bill the client which can delay our payments and cash flow. This has never happened mind you.

The point is we all have tasks or requirements and we all have seen or experienced increased workloads associated with projects or proposals. I have found that setting a due date that is earlier rather than later, attempting to stick to the schedule and allowing plenty of slop

for those occasional "crisis" usually keeps me on track. The other thing I have found is communicating with those individuals that are crucial to the success and not assuming they have "nothing else to do, but assist me" is critical. The number of times I have listened to complaints from an individual that gets the phone call with "I need this immediately" has increased tremendously over the past year. I believe we can all reduce our own personal stress and the stress of our co-workers by making and sticking to a plan, but you have to have a plan first.

Anyway, I found this neat little quiz that attempts to gauge your planning skills, have a look, there is no doubt that all of us, including those of us who think we are pretty much organized, have the ability to improve in this area and as BSE and TDX continue to grow we will need these skills more and more. By the way this article was submitted after the deadline for article submissions (but I was not the last one!).

How Well Do you Plan?

Directions: For each question circle the number in the column that best describes you.

Total the numbers you circled to get a Planner Score and then use the Interpretation key below to determine what type of planner you are.

	Never	Seldom	Sometimes	Often	Always	Totals
1. How often do you plan in an effort to keep life from running out of control?	1	2	3	4	5	
2. Do you put daily plans on paper?	1	2	3	4	5	
3. Do you allow flexibility in your plans?	1	2	3	4	5	
4. How often do you accomplish all you plan for a given day?	1	2	3	4	5	
5. How often do you plan time for what matters most to you?	1	2	3	4	5	
6. How often is your daily plan destroyed by urgent interruptions?	1	2	3	4	5	

Quiz written for USA WEEKEND by time management expert Hyrum Smith, chairman of the Franklin Covey Co., whose Franklin Planners, agendas and planning software are used by 15 million Americans. © Academic Skills Center, Dartmouth College 2001

Planner Score

Interpretation Key:

6-10: Terrible Planner.	You should consider using new tools and processes to help plan effectively. A great first step would be to take a time management course.
11-15: Below Average Planner	You may already have a planning system, but using it more effectively will help reduce the stress and lack of control you feel in your life.
16-20: Average Planner	Your planning system is working, but you can do better. You may need help focusing on priorities, dealing with urgent interruptions or writing your daily plan.
21-25: Above Average Planner	Your planning system is working well. Keep up the good work, with periodic reviews to be sure you're planning around what matters most in your life.
26-30: Excellent Planner -- or candidate for burnout?	You have mastered planning and should experience the serenity that comes from taking charge of your life. But make sure you're in control of your planning rather than letting it control you.

Five Steps to Successful Time Management

1. Set specific work and personal goals.
2. Create a term calendar, recording major events.

3. Create a weekly schedule of tasks, teleconferences, meetings, etc.
4. Decide on specific times to work on each task.
5. Make a to-do list for each day the night before or during breakfast.